

INCREASED FLEXIBILITY PROGRAMME

For a small number of students, the pressure of studying 9 GCSE subjects does not allow them to fully reach their potential in all the areas of study. The Increased Flexibility Programme provides 3 different ways in which students can receive additional support to prepare them for year 11 exams and the work place beyond.

The programme includes Intensive English, Curriculum and Life Skills course, and Nurture Group. Students for whom we think this would be an appropriate pathway will be invited to a meeting to explain the outline of the course, and to receive a formal letter of invitation.

If students wish to take the place(s) offered in their letter, they must indicate this as their first (or second) choice on the application form.

INTENSIVE ENGLISH

The Intensive English option is suitable for students who statistically will be expected to achieve a **grade 5 at GCSE**, but who may be finding it difficult to keep up with their current targets. It provides students with an additional five hours of teaching and learning during the two week timetable. **Students** for whom we think this would be an appropriate pathway, following discussions with their teachers, **will be invited** onto this flexible programme.

CURRICULUM AND LIFE SKILLS COURSE

The Curriculum and Life Skills course is suitable for all students who feel that they would benefit from studying one GCSE fewer, providing five hours of teaching and learning during the two-week timetable. It focuses on promoting independent study skills, good revision habits, supported homework sessions, team building and other relevant areas such as employability skills, preparation for work, health and nutrition, money management, drugs and alcohol awareness, memory skills, teamwork, health and safety, first aid, crime and the law as well as careers advice. This course will include the opportunity to participate in practical activities and take part in trips. There may also be the opportunity to study for a first aid qualification.

This is an excellent course to run alongside a varied programme of GCSE subjects, providing students with the best opportunities for success in their chosen options.

NURTURE GROUP

This is a tailored intervention to support accessing option subjects, supporting homework as required. In addition, this will offer coping strategies for exam subjects, focusing on building resilience and utilising a variety of mindfulness techniques. There will also be an opportunity to explore key skills needed in the wider world, for example looking at using public transport and basic money management skills.

